

SCIENCE & SPIRITUALITY

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Memory, Values, Light, Akasha, Love, Peace

ABSTRACT

How to consolidate all my experiences, and how can I explain it to make it yours?

Since I was a child I went through several unique experiences that I could only start to understand a few years back:

- The experience of being dead for a short while.
- The experience of being one with nature.
- The experience of meditation in many ways: Tao, Vipassana, Raja Yoga, Tracendental, Tantra,...
- The experience of seeing a person in front of you that you feel is another you, you can see yourself on him/her.
- The experience when you lose yourself in running.
- The experience of Self-help group energy that gives answers.
- The experience of this feeling deep inside my gut, that happened at the same moment a loved one died.
- The experience of communicating with loved ones at the same time in different parts of the world.
- The experience listening binaural and isochronic bits with a certain rhythm.
- The experience of feeling pure and fluent "LOVE".

And many more experiences, that have been a lot. And the more I have the more I realize that everything goes to the same end: "ONENESS", WE ARE ALL ONE.

This project is about connecting Science and Spirituality. Although we still can't explain everything about spirituality in a scientific way. Year after year we have more and more scientific answers for the spiritual phenomena. And not having still all of the answers, doesn't mean that it doesn't exist.

We already know that "everything has to do with everything", and everything is a subsystem of another bigger subsystem, and so on. All of them with the same properties, in the microcosm and the macrocosms.

The Principle of Mentalism: "the all is mind; The Universe is Mental", the first of the seven principals of the truth in the sacred text of The Kybalion. This hermetic Principle embodies the truth that "All is Mind". It explains that THE ALL (which is the Substantial Reality underlying all the outward manifestations and appearances which we know under the terms of "The Material Universe"; the "Phenomena of Life; Matter; Energy; and, in short, all that is apparent to our material senses) is SPIRIT which in itself is UNKNOWABLE and UNDEFINABLE, but which may be considered and thought of as AN UNIVERSAL, INFINITE, LIVING MIND. It also explains that all the phenomenal world or universe is simply a Mental Creation of THE ALL, subject to the Laws of Created Things, and that the universe, as a whole, and in its parts or units, has its existence in the Mind of THE ALL, in which Mind we "live and move and have our being." One of the old Hermetic Masters wrote, long ages ago: "He who grasps the truth of the Mental Nature of the Universe is well advanced on The Path to Mastery". (Three Initiates, [1912])

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As Ervin Laszlo describes the advent of the Akasha paradigm, he says: "we recognize the non-local interconnection of all things in space and time". There is an inclusive way of understanding that reaffirms the age old instinctive comprehension of deep connections among people, societies and nature, and integrates and transcends classical religious and scientific paradigms.

Dr. Rafael López Guerrero says that the universe is composed of 4% of normal atomic matter, 23% dark matter, 73% dark energy previously thought was empty space, called Akasha. It's like an invisible nervous system that runs through the universe connecting all things. Is Akasha, primary substance, is what forms the space itself and it extends over everything.

Nowadays we know that everything is energy, vibrating in different frequencies. We are vibrational beings living in a vibrational universe, always moving into more. It is just that we are not prepared to perceive this energy. We can't see or feel radio waves, microwaves, gamma rays, x rays, and we even don't know what else we can't feel.

We develop the five minor senses that perceive as matter: sight, taste, touch, hearing and smell, at least the range we are capable to, but... what about other senses that we even don't notice that they exist. We know at least one hundred and five higher internal senses. Like proprioception (sense of the relative position of neighboring parts of the body and strength of effort being employed in movement); or vestibular (sense of spatial orientation). Nobody learns how to breath, even how to cry. They work without our awareness, fortunately. But this means that we don't develop them. And how many senses like these we don't realize they coexist, just because we don't use them, we are not developing them. What if we close our eyes and we begin being conscious of what we eat, as an example. Can we feel how does the tongue, throat, esophagus, small intestine, etc...work? Try!

Human history is full of testimonials of those who could develop their insight senses and see farther, much farther. Remember Platon, with his "Cavern's Theory", where we, human beings, only can see as reality the shadows reflected in the cavern's walls thanks because of a light ray that comes from outside. Or Shakespeare in "Midsummernight's Dream", where everybody lives a dream, an illusion as reality. Or in Hamlet where he says: "There are more things in heaven and earth, Horatio, than all you can dream of in your philosophy".

Ancient mystics and yogis from many traditions knew about our vibrational nature, the "Theory of Impermanence" of Heraclitus. Just as water can shift from one state to another, freezing into ice or evaporating into steam, everything in our universe/s is in a state of transformation. Our physical body is forever changing, and so does everything. Our thoughts and emotions are always evolving.

Quantic Physics, quantum mechanics and string theory, let us know that space is not empty, it is like a matrix. And in this Matrix we are all connected, and not only human beings but also with all of nature and substances. Also science reveals the existence of parallel universes, multiple scenarios that coexist at the same time. And we are available to choose or even create the one we want to live in in accordance with our freewill. That our brain is like a radio that receive and emits electromagnetic waves, as bioelectrical pulse frequency hertz. An EEG -electroencephalogram- can show these. We are like a WIFI system, we can perform wireless transmissions.

Energy is what changes the shape of matter. This can be demonstrated through the radio frequency. The frequencies are the ones responsible that modify the subject.

We are aware that "the observer changes what observes", and, with the "Unfolding Times Theory" (Pierre Garnier Malet, 2004), we understand how human beings create the particles

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in accordance with the logic that we use with our thoughts and will. Is the observer who choose and decides where and how to put his attention and intention (consciousness). And the attention and intention -the motor-, have the power -energies- to create a reality, “particles” that can be materialized. And in this process the freewill and the capacity of feeling are the key variables. As a matter of fact: “WE ARE WHAT WE THINK”.

But is not that easy...consciousness itself creates the illusion. Thinking creates illusion and duality.

We have contributions of several fields in this holistic approach of interdisciplinary nature of the group.

To show some aspects of this, I would like to introduce you six people and myself. We all come from different backgrounds and different disciplines:

- 1- Viviana Ruth Koldorff presents "Decoding of Cellular Memmory".
- 2- Ernesto Van Peborgh presents "New Paradigm of he IT Networks".
- 3- Christian Plebst presents "Wired Love".
- 4- Peter Straubinger presents “In the beginning there was light“, Breatharianism and the look across the boundaries of science.
- 5- Ervin Laszlo presents "The Akasha Paradigm in Science and Human Consciousness".
- 6- Fabiana Crespo presents "Pure Love Experience".
- 7- Masaru Emoto "Emoto's Water Peace Project".

Decoding of Cellular Memory (as a therapeutic resource)

Viviana Koldorff

-Arch. Viviana Ruth Koldorff, specialist of Cellular Memmory, is going to explain how this science works in human beings, and how this can interfere in the Decision Making Process.

Architect Viviana Koldorff had obtained her degree at Buenos Aires University in 1993. Psychologic Consultant with Systemic orientation. Master in Neurolinguistic Programming, from the PLN Argentinian Association in 2003. Facilitator of Celular Memory Decoding Technique. Coordinator of seminars and workshops Applied to Creativity: Creator of graphic Systems features and expressive techniques: Art and Literature psychotherapy. Prevention of Addictions Technique, specialized in boarding from art therapy. Addictions: Anorexia, Bulimia, family violence, Couples. "When there is lack of word" and work with the "Shadow." Coordinator of Creativity Workshops, activation of the right hemisphere; stimulation techniques for the right hemisphere. Expressive techniques, among others unlocking emotional breakouts techniques.

Art therapy workshops Coordinator for children, teenagers and adults: “The body as mirror”, “From impossible to possible”, “Feminine “Creative Energy Expression”.

Psychological Assistance to Los Piletones neighbourhood" Margarita Barrientos”.

Brief History :

Dr. George Goodheart, American chiropractor, developed during the 1960s what is called Applied Kinesiology, reserved for the professional doctors, based on ideas of the occidental medicine and the bases of the Chinese traditional medicine. Dr. John Thie, chiropractor and disciple from Dr. Goodheart, simplifies and popularizes some of his discoveries to make, from kinesiology, a technique of energetic equilibrium feasible for family usage. As a result, the TOUCH FOR HEALTH is born.

Later on Gordon Stokes and Daniel Whiteside orientate the practice of muscular testing to the unlocking of emotions from the past, which blocks the perception of the present, and creates the system “One Brain” of THREE IN ONE CONCEPTS. Dr. Paul Dennison, specialist on infant dyslexia, adapts the techniques of kinesiology to the learning difficulties of children and adults. Creates the Edu-kinesiology/BRAIN GYM that utilizes movement, between others, to facilitate

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cerebral integration. These techniques have in common the concept of cellular memory.

Therefore, **what is cellular memory?**

CELLULAR MEMORY is the complete file of our biocomputers. In our cells, we can find the information of the genetic imprinting, the ingrown, and the data acquired throughout our history.

As an iceberg, the information only consists of its visible part. In our unconscious side the behavioral patterns that prevent us from feeling well, healthy, and live our lives as we desire, together with the necessary resources to reach our goals, are all mixed up together like in a huge case.

To have access to these concepts we must take into account, as a basic premise, the criteria of **totality and individualism of the person**: considering the human being inseparable and unique. This is why we respect as an **only source of valid information the one that possesses each one on its own database**.

Therapeutic objective:

- • Detection of stress, and its consequent release.
- • Being aware, unblock, and clean the trauma in their repetition.
- • Connect with the creative capacity of the human being for its self-validation.

The **decoding of Cellular Memory** comes out to be a technique that allows the connection of information stored in our body. Every traumatic experience is conserved in each of our cells, creating an automatic response of stress. When it comes to an internal stimulus, with similar connotations to an experience that has already happen, the body/unconscious reacts isolating a series of chemicals that cause an emotional regression to the traumatic moment experienced.

Through this technique we can change the energetic patterns that paralyze us, and build a new option of life based on new consistent choices. Our body responds in the way that we think, feel, and take actions. This is normally defined as the connection mind and body.

The emotions will always go together with a somatic answer. This means that emotions as genuine as fear, sadness, anger or happiness, will be reflected in various parts of our physical body. **Our emotions are energy** and generate a movement of reaction of our body, as a response to what we live daily. When the energy flows loosely we activate the body expression from head to toes, going through the eyes, mouth, diaphragm, and pelvis. When these instincts are mentally blocked due to **auto repeat**, education, standards or costumes, we create **cleavage sites in the body**, zones where the energy flow is interrupted and contractions appear, tremors, vibrations and tingling, and **with the time symptoms**. When we store tension in our body, **the body expresses it with pathology** due to two possible reasons:

- • As an **alarm and expression**, to warn us that something is wrong.
- • As a **regulator of scape from tension**, due to the fact that there is no more room for storing and it is released from the system.

Throughout our life, we have learned to wear **an armor to protect us from pain**, but it also **keeps us away from pleasure**. We tend to act **without feeling, to be without being**, following an imposed demand, a schedule not always in line with our own biology.

Cellular Memory is a resource to update our system and to access to our creative resources to live at a 100% of our potential. The proposal is to **learn to realize** how the physical symptoms express **our repressed emotions**. When clearing our Cellular Memory, limiting beliefs about our relationship with the body/mind/emotion, the expression of feelings, becomes more fluid and we eliminate the physical armors that we built as a mechanism of defense, since we do not need them.

This new vision, of ourselves invites us to generate an enclosed space where we can **listen to what**

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our body asks and says. Discover and connect to everything that our interior KNOWS, that **internal voice that guides us**, that tells us more about ourselves through an antique and deep knowledge that connects us to our internal wisdom, and with **our auto-sanitation potential**, and remember **everything that is being in a different way which requires an extraordinary physic/mental/emotional effort.**

If somebody cries when they feel like crying, laughs when they feel like laughing, shouts when they feel like shouting, never reaches sadness, a joy, or anger that needs to get out and express itself in a disproportional way.

The mind is the key to reality, what we think determines our emotions, our actions, our consequences... So, if the reality of life begins from the inside, in the mind, and then takes its shape in the material world, and we clean from our memory the ancestral limitations, child blocks, the knots that stop us from free demonstration of our potential, it is guaranteed that if we **think about it, we can do it.**

Life is what you make of it. We determine what reality is. It is not <<it will be what it has to be>>. It will be what we want it to be.

New Paradigm for the IT Networks Ernesto van Peborgh

-Ernesto van Peborgh is an engineer and MBA from Harvard University. He is an entrepreneur and is currently engaged in architecture, construction and management of knowledge networks.

His focus is on the potential of social media as catalyst of cultural change towards collaborative ways of working, based on the values of transparency, honesty and willingness to share.

He leads a multidisciplinary team called Odiseo which develops network strategies for companies who want to create knowledge networks with its stakeholders.

In 2007 he published Sustainability 2.0, a first formulation of the catalytic role that social media can play to create collaborative business and governance models and in 2010 Odyssey 2.0 - The brands in social media, a strategy to install the brand values in online networks.

The agency has offices in Buenos Aires and Sao Paulo, working for clients in Latin America and Europe.

Van Peborgh is a regular columnist for La Nación newspaper and lectures at academic and business organizations such as TEDx.

He was vice president of Citicorp Equity Investments and founding partner and managing director of the AIG Southern Cone Fund.

Fifty years ago, at the most critical point in the Cold War and the tensions concerning the imminent nuclear conflict between the United States and the Soviet Union, the American Department of Defense commissioned Paul Baran, a Polish-American scientist specializing in the design of computer networks, to develop a system capable of keeping the armed forces in communication during a nuclear attack collapse.

Using the precarious computer technology of the 60s, Baran managed to maintain the network's communications, even when several of its nodes were disconnected. His study revealed not only that networks could stay in communication, but that they could experience a relevant increase in their resilience levels, even in case of loss of 50% of their nodes.

The drawing published by Baran in his work on distributed communication networks is perhaps the image with the highest memetic power to illustrate the development which

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logics and human language are experiencing today. And the most striking thing is possibly the swiftness of this evolution. Over the last decade, and since the appearance and boom of the social media, humankind has created a crust of hyper-connected minds ceaselessly exchanging ideas and knowledge. The logics of the world have changed, and that so abruptly and relevantly that we are still trying to understand the phenomenon and adjust to it.

As pointed out by Marshall McLuhan, also in the 60s, most people cling to a vanished past or reality, and move towards the future as if looking into a rearview mirror. McLuhan held that, due to the invisibility of many of the changes taking place in the environment, during the innovation period man remains attentive to the previous environment and does not realize he is already living in a new one.

This is what is happening to us in this present – a present in which our logics have been replaced by a new communications and organization matrix. As a result of this phenomenon, today a new cosmology rules our social order, and this change has essential implications for our culture and our socioeconomic structures.

My purpose in the following paragraphs is to analyze the deep impact which this change in the matrix has on the structure of one of the most powerful forces dominating humankind – capitalism.

In order to understand its scope and assess its effects, we need to analyze it from a systemic perspective. For that purpose, thinking of capitalism as a system will enable us to understand how a change in its underlying matrix has an impact on its morphology and workings.

This approach will also help us transcend the ruling logics: we will be able to stop looking at it through a rearview mirror and approach it from an ampler viewpoint, in accordance with the structure of the new matrix.

It is very usual to define capitalism as a system. We use the term *capitalist system* to refer to the economic order which finds in capital its fundamental social relationship.

But – what does the term “system” really mean?

A system is defined as a complex of elements in orderly interaction, which remain united in a more or less stable manner by virtue of some kind of objective.

Systems may be open or closed.

An **open system**, such as capitalism or any human organization, takes energy from its environment –whether raw materials, information, scientific knowledge, social demands or any demands relating to the purposes and means typical of the system– to transform it into products which it then re-exports to the environment.

Its functioning demands a constant feedback between the elements of which it is made and the environment. It must self-regulate its functions in accordance with the alterations in this environment, for the purpose of preserving its essential mission. This self-regulation lies with the elements of which the open system is made, and their interdependence and interconnection.

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$S = E \times I \times P$ is a formula that enables us to define this interdependence. In this formula, a system (S) is the group of *Elements* (E) which, through their *Interconnection* (I), seek to achieve a given *Purpose* (P).

In this context, any change in the elements has an effect on the system. The same happens when the interconnectivity with which the elements interact with each other is altered. In any of the two cases, a change in E or I can generate a change in the system's purpose, which is ultimately the aim of the system (what it exists for).

In the last decade, humankind has witnessed the most dramatic change in all our history as a species, as a consequence of the interconnectedness between people and within all human systems. In this short period, we managed to have over a third of the world's population access the Internet, and over 85% communicate through cell phones.

Let us then return to Baran, and analyze both matrixes from the interconnectivity viewpoint and from that of their matrix architecture. From this perspective, we shall begin to understand the implications of the change in which we are immersed.

The first **matrix**, which we may call **centric**, consists of a central node which works as the epicenter of several satellite nodes. The organizational, communicational and logistic structures of capitalism were built under this logic. This centralized structure not only enabled the accommodation of its hierarchical rationale and power dynamics, but drove vertical integration and economies of scale. The communications matrix of capitalism, *broadcasting*, replicates these logics. It consists of mass messages issued from a high-dissemination-power central node to passive nodes which do not communicate with each other and which receive the message without being able to modify or retransmit it.

This structure generates a motivational dynamics based on competition and private interest; the nodes compete against each other to reach high hierarchy levels, trying to fill the power place of the central node – this is the only path they can take in order to evolve. Competition sustains the dynamics and evolution of this system, where knowledge is a power, a valuable resource which must be protected in order to have an advantage over the others. Its purpose – what keeps it alive and energy-filled – is the continuous striving to grow. Profit is the validation of success.

The result is a non-relational, low collaboration environment. Although this is an open system, as a structure it is very circumscribed to the changes and complexity increases of the environment, because the limitation is due to the reaction and evolution ability of its central nodes. Since the system's complexity and efficiency can only equal the complexity of the central node (which coordinates and distributes the information and organization of its attached nodes), the system is limited in its evolution to the abilities of those nodes. Thus, its reaction to the environment's abrupt and evolutionary changes is reduced.

The **distributed matrix**, on the other hand, has far ampler and deeper possibilities and derivations, not just at the communications and organizational levels, but because of the potential generated through the participation among the network's nodes.

Its logics and structure match those of the most evolved systems. Its interlinked organization enables interaction and reciprocity between nodes without need for the coordination of a central node. The nodes may collaborate with each other, building value on the basis of the

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reciprocity of their relationship. Thus, the system encourages the motivation and autonomy of its actors, gathered around common interests and causes to build a new collective resource from collaborative creativity.

In this matrix structure, the purpose is built from the consensus of the nodes, which, on the basis of interaction, in turn build a common objective. In the centric matrix, this purpose must be inducted by an “order from above” or hierarchical mandate.

The great difference between these two paradigms is interconnectivity. In the centric matrix, interconnectivity is limited, since communication flows must pass through the central node. In the distributed matrix, communication flows independently of the nodes, as Baran demonstrated with his experiment. But this matrix has a much more interesting feature. Within this system there appear other properties, non-existent in a centralized matrix, related to interdependence and self-governance. There appears the ability to connect with other actors in order to obtain data, information and knowledge, which are processed, recombined and again exposed to the collective for a new reconstruction on the basis of these contributions. This process enables emergent properties to appear, which are collective properties, belonging to the group of elements that make up the system and not to its individual elements. The emergent property is a new one which that system acquires but its isolated elements do not have. The whole is more than the sum of its parts.

It is through this emergent element that we can transcend the logics of centralized networks, since the latter, due to their limited interconnectivity, do not manage to develop this property.

It is impossible for capitalism to remain outside the impact of this matrix structure. As an open system, it shall necessarily be affected in its logics and primordial function. The complexity of the whole capitalist system’s environment is exponentially evolving. Distributed networks are replacing all our dominant matrixes, which capitulate before this new logic and give way to new organization, production, consumption and distribution models. New forms of social organization, innovation and knowledge building are already a part of our day-to-day lives.

From the inside, the same nodes that make up the system intertwine through a powerful and growing interconnectivity, and begin articulating themselves with the network. *Crowdfunding*, *crowdsourcing* and *crowdmanufacturing* systems have democratized the existing patterns, and innovation flows, emerges and rebuilds itself on the basis of collaboration and collective creativity, challenging every model we know.

Understanding is 50% of the answer. We need to understand the transformations triggered by this new matrix, and acknowledge that the future is already with us, in order to prepare ourselves and make the most of this incredibly opportunity offered us: that of evolving towards a more connected, equitable and sustainable world.

Wired to Love

Cristian Plebst

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-Neuropsychiatrist Christian Plebst, is going to speak about Importance, uses, application, development or consciousness of Human Values”.

Christian Plebst is Neuropsychiatrist of Children and Youth.

Dr. Plebst born in Buenos Aires on July 16, 1965 . Graduated with honors from the Faculty of Medicine, University Buenos Aires in 1989. His residency was in General Psychiatry and the University Postgraduate Course in Psychiatry at University of Buenos Aires, Hospital de Clínicas " José de San Martín". Subsequently revalidated his medical degree from the authorities of Educational Commission for Foreign Medical Graduates (ECFMG) U.S. and made his expertise through a full residency in Child and Adolescent Psychiatry at the University of Iowa Hospitals and Clinics (USA) followed by a Fellowship in Behavior Disorders at the University.

On his return in 1998 he served as Chief of Child and Adolescent Neuropsychiatry FLENI. From 1999 he was co-director of the Center for Design Education in Rehabilitation Therapeutic FLENI Escobar. Between 2000-2001 made a minor in Special Education in Applied Behavior Analysis (ABA) at the University of Columbia, New York (USA).

From 2001 to 2009 he served as Medical Director of Therapeutic Education Center for Children and Adolescents FLENI.

Between the years 2006-2009 he created and directed the project "A Treasure in Every Child", intended to create a platform for interdisciplinary work to the study and application of diagnosis and therapeutic interventions for children with special needs for underserved populations. During his tenure is created and operates the Center for Early Childhood Development (ECCD) in Matthew Escobar. This effort results from a joint effort between the municipality and FLENI Escobar.

He has made over 100 presentations and workshops at national and international conferences and scientific meetings first level.

Since 2006, participates as member organizer and host of the introductory workshops DIR , supported by the Interdisciplinary Council on Development and Learning Disorders (ICDL).

He is guest lecturer at the Faculty of Medicine CEMIC. He is founding member of the Argentine chapter of Values in the Field of Health Janki Foundation, Oxford, UK.

Coordinates since 2008 the course away from "Autism Spectrum Disorders " of the Favaloro University. Coordinated from 2007 to 2010 the residential course "Autism and Neurodevelopmental Disorders" at the Favaloro University, and is co-director from 2011. In 2010 he entered as Consultant Psychiatrist at the Department of Children at INECO .

From the year 2010 starts his experience with parents and professionals in the Son-Rise model.

His scientific work includes publications in the Journal of Neuropsychiatry and Clinical Neurosciences and the Journal of Autism and Developmental Disorders.

In 2011 along with other professionals he founded PANACEA case.

His greatest learning experience of life are from his role as a father and from the visits and interviews with children and families.

Beyond scientific and technological discoveries, the human brain is by far the most evolved piece of technology on the face of the earth.

We usually equate the brain with the mind. We think that that the mind is the direct product of the brain. There are many theories on this issue, including that the mind is part of a whole somatosensory system (the body) or that an “extended” mind exists, which could explain the nature of coincidences, synchronicities and shared thoughts beyond any chance. Be that as it may, the mind is something difficult to describe with words, as well as consciousness and its different states.

Something similar happens with love. We speak a lot about it but most of the times we do not comprehend its true essence.

Why has nature enabled man to “feel” love, compassion and beauty?

Although we have begun to search for answers through scientific explanations and studies, the true answer are and have been here for centuries. Empirical first person exploration,

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guided by most of the ancient spiritual traditions. Neurosciences are very interested in studying these skills that allow “true” answers. Maybe we are coming of age.

More and more love, happiness, peace and compassion have become subjects of neuroscientific study. What once was considered proper of philosophical discussions is now becoming hard-core science

The state of our situation as a species and as human beings, our lack of efficiency and responsibility as a whole in taking care of the world and ourselves as a community has brought us and confronted us with the need to actively understand Love, Peace, Compassion and Humbleness, amongst other values, as states of the mind or ways of being that can and need to be actively developed, today for our own individual and specially for our survival. The development of these values can be equated to other human capacities, such as learning to read or write. Skills that can be systematically developed through practice, but when thinking of children they come through by modeling and imitation.

Human values are more than ethical or moral issues. Increasingly we understand that they are biological in nature, human attributes which every brain and mind has the potential to develop. A potential that needs to be followed by certain levels of determination, attitude and discipline to develop, such as any other skill. The catch maybe lies in that their development is not linear. The more you focus on results the less understanding, the less present. As frequently is said and heard the path is the destiny, no expectations but simply to work the abc's of being present, letting go, low-level judgment, accepting what is and see-saw of remembering and forgetting to come back to the present. Simple, neither hard nor easy, just what has to be done, and has been done for centuries.

This vision and practice brings a huge challenge to our mindset focused on results and measurable outcomes.

To understand love, we need another way of thinking. The process of thinking in it self might be a barrier to its deeper understanding

Love is something that is felt not thought of or reasoned. Maybe we think we can measure brain waves and blood flow, but these are simplified and superficial correlations. We need to keep thinking, seek to think and find love out of the box.

This love is more than just feelings towards each other. It is some type of vital energy behind what grows and evolves. As a species have evolved without our intervention. For example, what “intention” or “will” was behind the development of the retina and the eye? The will to see together with the presence of light, created the eye? Just the simple fact of trying to imagine how was it that the first eye developed should make us consider some type of guiding natural intention, evolutionary energy...or Love.

We know much less, than we pretend and act to know. We can start to try to measure love by seeking to understand ourselves in the context of nature, the universe and evolution.

When a system is considered efficient, we say that it creates more energy than it consumes, or that there is an optimum relation between production and consumption of energy. States of presence based on human values, defined as status of unconditional feeling, giving, and being are biological and neurophysiological in nature. What we choose to think and keep alive in our mind creates biological correlates throughout our whole body. We have a mind that permanently changes the brain and the whole body. As abstract and virtual as an idea can be, it becomes material through an emotion. The higher our self-awareness and metacognitive skills the more our emotions become the building blocks for human values, such as love, compassion, and happiness. With these values actively kept in mind, the matter in our whole body is that of peace, balance and equanimity. Biological peace and equanimity. The “body” as a highly efficient ecosystem. Low consumption and very high levels of energy, motivation and altruistic based actions. An idea, an intention based on love and compassion becomes highly motivating.

This type of love, the one discussed here is not a feeling or an emotion towards someone or

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something. It is love for everything. A state of being, a state of non-judgmental acceptance of everything. These states are potential, but who knows if centuries from now they might become natural developmental stages to achieve and master such as a walking or talking.

Do we need to prove and study love to believe that it exists? There is no one method to learn how-to-love. Maybe the method is that there is no method other than to profoundly want to develop and find it, but with no expectations, but enough courage. A courage that is more than being brave to overcome fear. Its a courage comes from a deep felt knowing, faith and confidence that love already exists, we just have to discover it.

It is very exiting to see that most of todays scientists that study self-awareness are practitioners themselves.

Reality is what we make of it. The larger our perspective and vision of what makes up “reality” the less tainted and subjective our investigations on the brain, mind and awareness become.

It is good to know and see that we have overcome our thoughts of love only being a matter of procreation or partner relationships. This would be an underestimation and simplification of nature and evolution. For example, today cooperation and altruism are still by-products of spiritual practices that must be actively sought. However they have been found in other species with “less developed brains” but also less neurotic minds. Maybe the clue is that the more we develop these “higher human skills” the more we learn how to balance our relatively new human capacity to reason and analyze with “pre-symbolic” contemplative skills. Children and many animals live in a constant present, conemplative present. In children it is up until their autobiographical and symbolic capacities kick in. Then they begin to get caught up in thought and behavioral conditioning grows

Before risking to become entrapped in trying to explain love through words, it is never enough said that love is action, guided by an increasing awe and devotion towards itself. Life and nature become a material representation of Love. Loves becomes and means loyalty towards the human species and everything that exists. A compassionate devotion towards life which inspire the highest level of cooperative thinking. The more you love the better you feel and the less you need, the more you can give. Far from an ideal states that once achieved are for ever, they are circular in nature and hard work: here today, gone tomorrow and back the next day. This intermittent reinforcing nature makes love even more appealing and interesting to seek understand,.

In seeking to understand love what becomes evident is that love and the rest of the human values might be our evolutionary spearhead. If we then add that we have been built to procreate and raise children and that a babies brain is hard wired to learn through imitation, Bingo! Today we have the capacity to consciously participate in our own evolution, through the active development of our highest human capacity, the capacity to love unconditionally.

Love is beyond words and evidence based medicine. You can only understand love by trying and seeking to achieve it. True loyalty towards the human species is a priority and only achievable learning how to love. Love is an equaliser. A good way to understand at what stage of learning to love we are is to see how and what we love and what not. True love is love for everything and everyone, no differences.

Before saying it is hard to develop these levels of loving, we must seek to find out. For example, at one time only one being had the capacity to communicate through symbols, today the whole specie speaks and communicates through languages and words.

Love comes from truth. We can even think of a Love-Truth Index. The true intentions and the level of awareness and evolution of politics, diplomacy, world wide peace efforts, etc. could be easily measured by how many times the words “Love”, “Peace”, “Happiness”,

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“Compasión”, “Joy”, “Truth”, “Honesty”, “Equanimity”, “Altruism”, “Cooperation”, etc. appear and how they are used in a speech, document, presentation, etc. The coherence of thought-word-action is highest when we seek to base every thought, word and action on Love. Even understanding this presentation will differ depending on the understanding of Love.

We have enough "data" today to know what true love is. Not only from a spiritual stand point but now also from a scientific perspective. Do we need to keep on testing and investigating love or is it time to join and send a very powerful message to stop violence and redefine human values? Human values are our true destiny, the future of evolution accessed purposefully today. Is there a higher priority? Today just simply applying inner wisdom based thinking to why there are people that have "too much" and other have less than they need, it becomes clear. Our culture based on cortical frontal lobe ego-based thinking is beginning to complement contemplative based thought and practices. How much more until government and decision making leaders begin to base their goals and actions on true human love and greater good algorithms? I "feel" we are close. It is common sense.

Maybe we might be arriving to the era that the french jesuit priest, philosopher and paleontologist Pierre Teilhard du Chardin (1881-1951) predicted? *“Love is the only force which can make things one without destroying them. ... Some day, after mastering the winds, the waves, the tides and gravity, we shall harness...the energies of love, and then, for the second time in the history of the world, man will have discovered fire”*.

I hope so!

This writing is based on the ongoing experiences of the authors own contemplative practice (empirical first person observations based on Vipassana meditation) and inspired by the teachings and writings of many authors,. Inmense gratitude to: Thich Nhat Hanh, Krishnamurti, the Dalai Lama, Chogyam Trungpa, Pema Chodron, David Frawley, Ramana Maharshi, Maya Tiwari, Mark Greenberg, the Brahama Kumaris amongst many, many others. May all beings be in peace and happy

“In the beginning there was light“ Breatharianism and the look across the boundaries of science Peter Straubinger

-Peter Straubinger, Director of "Am Anfang war das Licht", (Vivir de la Luz, en Español) , Movie where it is shown people that can live without eat food and drink water, live only with light energy.

Peter Straubinger is an Austrian journalist and filmmaker who has worked for more than 20 years for the Austrian Broadcasting Corporation ORF. In spring of 2000 he met a meditation teacher, who allegedly stopped eating physical food completely for more than a year at that time. This personal encounter was the beginning of years of private research in which the open but still skeptical director studied this strange phenomenon of “Inedia”. After finding a lot of contradicting information in books and on the internet, P.A. Straubinger started to search for first hand information around the world. <http://www.lightdocumentary.com/controversy.html>

Is it possible that human beings can survive without food and fluid over many years and live on light alone?

Living on no food at all? **It sounds ridiculous.** It flies in the face of everything we know about nutrition and biochemistry.

So why did a former agnostic, like me, invest ten years to make a film about such „esoteric nonsense“ ?

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I will start the speech with a personal approach and the production-background of my documentary “In the beginning there was light” (“Am Anfang war das Licht”, “Lumière“, “Vivir de la luz“) which became one of the most successful Austrian documentaries of all time. It also became one of the most controversial documentaries in the German speaking countries and I will share and discuss the reasons for this.

“In the beginning there was light“ shows different sides of this strange phenomenon. Of course there is starvation, delusion and fraud in many cases but there are even more unsolved scientific mysteries forcing us to look beyond the boundaries of our knowledge. In the end, we have to question the mechanistic, materialistic view of the world, that predominates western societies and mainstream science.

So looking at the historic, scientific and controversial aspects of this phenomenon known as “Inedia completa” or popularly “Breatharianism”, is just the hook for a much more profound discussion.

Nevertheless we want to find out what truth is in these incredible claims of people who say they can renounce completely from physical food. Are we confronted with quackery or with forgotten knowledge? How does traditional science react to this phenomenon?

Confirmed testimonials as well as cases tested with scientific and skeptical scrutiny are known all over the planet, throughout all cultures.

From the Christian saints and indian Yogis via Chinese Bigu- and Qi Gong masters to historical cases of inedia throughout hunger periods and modern day “media heroes and anti-heroes” like Hira Ratan Manek or Prahlad Jani.

In the case of Prahlad Jani, who claims to have survived for decades without eating and drinking (1), there exists level A-evidence for at least 15 days that there is an authentic medical phenomenon. This Prahlad Jani case study (2) is certified by dozens of medical experts, supervised by the Indian Defence Institute of Physiology and Allied Sciences.

There are even more interesting cases with Qi Gong masters done by the Chinese Military. All these studies never have been published in peer- reviewed Western journals, so some sceptics tend to believe in conspiracy and fraud.

However, there exist Western peer-reviewed studies and meta-studies showing that the all mighty “Calory-Theory” is a scientific simplification, misleading us in the way we think about nutrition and life energy. Our bodies are more than complex „combustion engines“.

Science still cannot explain how the human metabolism works in detail. The human energy balance is still a field with huge unknown areas.

A peer-reviewed study in the American Journal of Clinical Nutrition (3) showed that up to 25 percent of the energy in a human body are “unmeasured energy” – coming from an unknown source.

“Calory mathematics” is not the whole truth – that’s for sure...

And this fits perfectly with the Eastern medical traditions which tell us that the “life energy” known in India as prana, enters the body, not only via breath and food, but also directly via the skin. Here we are moving away from mainstream science to “non-materialistic“ subtle energies known as Qi, Prana or Orgon like Wilhelm Reich called it.

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What is energy and what is matter ? And is there a realm for the spiritual world - besides figments of prophets and spiritual leaders ?

Are mind, consciousness and soul really just an ephiphenomenon of biological brain activity ? Is matter “everything” like mainstream science believes ? Is the predominating view of mechanistic materialism in our western societies just a “historic mistake” ?

Science is moving into a dead end if we do not take aspects of mind and consciousness more serious as Physics Nobel Prize Laureate Brian Josephson claims.

Another Nobel Prize Laureate, the Founder of modern day Quantum Physics, **Max Planck** makes an even more precise statement:

“As a man who has devoted his whole life to the most clear headed science, to the study of matter, I can tell you as a result of my research about atoms this much:

There is no matter as such.

All matter originates and exists only by virtue of a force which brings the particles of an atom to vibration and holds this most minute solar system of the atom together. We must assume behind this force the existence of a conscious and intelligent mind. This mind is the matrix of all matter.”

So finally we not only have to discuss about the way we think of nutrition but also the way we think of us as a human being. Are we more than our brains and bodies ? What is mind, soul and consciousness and what is life in general ?

The Akasha Paradigm in Science and Human Consciousness Ervin Laszlo

-DR. Ervin Laszlo, who is going to speak about Akasha from the systemic point of view.

*Ervin Laszlo is Founder of the **Laszlo Center for Transition World Studies** (Denmark) and of the **Laszlo New-Paradigm Leadership Center** (Italy), Member of the **Hungarian Academy of Science**, Fellow of the **World Academy of Arts and Sciences**, Member of the **International Academy of Philosophy of Science**, Member of the **International Academy of Systems Research and Cybernetics**, Senator of the **International Medici Academy**, and Editor of the international periodical **World Futures: The Journal of General Evolution**. I am the author or co-author of fifty-four books translated into as many as twenty-three languages, and the editor of another thirty volumes including a four-volume encyclopedia.*

Born in Budapest, Hungary, ***on*** May 12, 1932

Ervin Laszlo is a systems philosopher, integral theorist, and classical pianist. Twice nominated for the Nobel Peace Prize, he has authored more than 70 books, which have been translated into nineteen languages, and has published in excess of four hundred articles and research papers, including six volumes of piano recordings.

Dr. Laszlo is generally recognized as the founder of systems philosophy and general evolution theory, and serves as the founder-director of the General Evolution Research Group and as past president of the International Society for the Systems Sciences. He is also the recipient of the highest degree in philosophy and human sciences from the Sorbonne, the University of Paris, as well as of the coveted Artist Diploma of the Franz Liszt Academy of Budapest. Additional prizes and awards include four honorary doctorates.

His appointments have included research grants at Yale and Princeton Universities, professorships for philosophy, systems sciences, and future sciences at the Universities of Houston, Portland State, and Indiana, as well as Northwestern University and the State University of New York. His career also included guest professorships at various universities in Europe and the Far East. In addition, he worked

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as program director for the United Nations Institute for Training and Research (UNITAR). In 1999 he was awarded an honorary doctorate by the Canadian International Institute of Advanced Studies in Systems Research and Cybernetics.

We recognize the non-local interconnection of all things in space and time. that means that the world is shifting again non lineal mode of understanding that enables us to accept the reality of the non local interconnection through the world. Inclusive way of understanding reaffirms the age-old instinctive comprehension of the deep connections among people, societies and nature, and integrates and transcends classical religious and scientific paradigms.

Providing examples of cutting-edge science of quantum -resonance- based interactions among all living systems. The cosmos of the Akasha is self actualizing, self organizing, which each part is in coherence of all others, and all parts together creates the conditions for the emergence of life and consciousness. The advent of the Akasha paradigm mark a new stage in science's understanding of the fundamental nature of the world and offers unique guidance for contemporary efforts to create a peaceful and sustainable world.

"The Self-Actualizing Cosmos"

Is my last book. Is an exploration of the current revolution in scientific thought and the newest scientific findings in support of the Akashic field.

- Explains how the new Akasha paradigm recognizes the interconnection of all things in space and time through the quantum resonance of the Akashic field.
- Reveals the cosmos to be a self-actualizing, self-organizing whole, bringing forth life and consciousness in countless universes.
- Explores the latest discoveries in the sciences of life, mind, and cosmos

Science evolves through alternating phases of “normal science” and radical shifts that create scientific revolutions. We saw this at the turn of the 20th century, when science shifted from a Newtonian worldview to Einstein’s relativity paradigm, and again with the shift to the quantum paradigm. Now, as we recognize the nonlocal interconnection of all things in space and time, we find our scientific worldview shifting once again.

With contributions by physicists Paul A. LaViolette and Peter Jakubowski, pioneering systems scientist I explore the genesis of the current revolution in scientific thought and the latest findings in support of the Akashic field. Now we how the burgeoning Akasha paradigm returns our way of thinking to an integral consciousness, a nonlinear mode of understanding that enables us to accept the reality of nonlocal interconnection throughout the world. This new inclusive way of understanding reaffirms the age-old instinctive comprehension of deep connections among people, societies, and nature, and it integrates and transcends classical religious and scientific paradigms.

Providing examples from cutting-edge science of quantum-resonance-based interactions among all living systems. We can see the cosmos of the Akasha to be a self-actualizing, self-organizing whole, where each part is in coherence with all others and all parts together create the conditions for the emergence of life and consciousness. The advent of the Akasha paradigm marks a new stage in science’s understanding of the fundamental nature of the world and offers unique guidance for contemporary efforts to create a peaceful and sustainable world.

EXPERIENCE PURE LOVE

Fabiana Crespo

-Fabiana Crespo, speaking about the experience of “Pure Love”, that make everything possible, with that special energy beyond, as pieces of God’s human beings.

Fabiana Crespo has been involved in many positions within the fields of communication, education,

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sales, marketing and PR. Masters in journalism (University of St. Andrews, Buenos Aires, Argentina 2002). Tertiary Degree : Computer Science and Business Administration - Escuela Normal Superior " Don José de San Martín ," Salto, Argentina 1988/1991. Was Director of a newspaper company: "Reseña Semanal de Salto", and the magazine: "Estilo BA". Director of "Estilo BA Comunicación", consulting enterprise of communication services such as diagnostic, studies and market; development and monitoring of internal and external communications strategy , e- press actions. Event organization. (Sonda Argentina , Monsanto Argentina , Rutas y Puertos Seguros de Argentina - RYPSA -, General Food Company –CGA-). Analysis and development of projects such as "SIFEM" (Sistema Federal de Emergencias, "Plan de Empleo", politics campaigns, among others, at Jefatura de Gabinete de Ministros. Also coordinated a Research Team for Citizens issues for a deputy of the Congress of Buenos Aires.

Fabiana has received awards for the best graphic media award on community action (Consejo Profesional de Ciencias Económicas 1995, Buenos Aires); First award for Communication Media (Asociación de Productores Agropecuarios de Salto 1995), Award for the best Journalistic Work (Fuerzas Vivas de Salto 1995).

She is member of GESI (Grupo de Estudios De Sistemas Integrados); ISSS (International Society for the Systems Sciences) and FOPEA (Foro de Periodistas Argentinos) Journalism Forum. Mrs. Crespo has coordinated self help groups for more than 6 years.

She has been, always, very committed to community and environmental roles in non profit organizations.

The physical and spiritual experience of Pure Love, does not always manifest in the same way, intensity and lasts the same time.

It is physical because it is perceptible in every molecule of my body and that becomes a state of vibration in which the limits of the shapes of body and other things, outside me, disappear. There are no boundaries. It is as if all my skin, organs and body parts erase, and everything inside me claim to be extended, to occupy everything. Like water entering and flooding a large container where is full of things. While a energetic sense transcends my body, a very warm light flows from my heart. And it does, literally, like loaded stream, of about ten centimeters of diameter, strong and unstoppable flowing through a central channel of my body and renewed every particle of it.

My mind involuntarily becomes totally loving. I feel and emanate an immense need to give and share love, and everything. There is nothing to become angry at, and if there is anything annoying, I can observe objectively, without feeling rejection or anger. Only emerges from me compassion and forgiveness. An attitude of giving manifests, never asking for or pulling out, removing or demanding.

The experience of Pure Love doesn't happen to me permanently, all day long, seven days a week. I am experiencing them more often and in different intensities and states. As I said before, not always is exactly in the same way but always is a amazing and pleasant. Sometimes happen while practicing sports such as when I run . Or during a trip, hen I am in a beautiful place and I feel myself part of the nature. When I swim in the sea and I am feeling part of the ocean. During deep meditations like sessions of Vipassana's.

How is that I realize that is Pure Love? Because I enter a distinctive state of kindness and compassion. No matter what I do not judge anything or anyone. I can watch without getting involved, completely detached. And I have an urgent need to give and share, no matter who is in front of me or how I can help. Even during those special moments, faces and names of who have done a lot of damage, come up to my mind, and I can feel a lot of compassion for them. Also with me, myself. Besides I can be totally unconditional, without receiving any pay or get interested in getting some others. Only feeling that the ones who are in front of me are me. I can find excuses to defend them because of their bad behavior, with compassion.

We are multidimensional divine beings who simply occupy a physical body at this time in

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the space, I could have perceived it in my near death experience, in which I could also experience the feeling of pure love, in a very white warm intense light, and infinite.

We are a "divine" co-creator, a cosmic being of great importance in the universe. Today we know that we are all "gods". We are made of the same matter of God, we have the same powers and abilities of the Creator to love and perform miracles. We must realize and become aware of who we are and stop deifying what is common, normal, inherent in human beings. There are no secrets in Science any more. Nowadays, this can be demonstrated empirically. We have the recipe for achieving "miracles". And has nothing to do with esotericism, absolutely everything has its evidence in science.

The language of electromagnetism let us know the way we can choose to make things happen. When we use our freewill in a positive way to change our emotions, we modify the calcium ion, becoming very good electromagnetic conductors, that produce the proteins we need to balance our PH in the organism to manage the creative thoughts, emotions and words. (López Guerrero,Rafael , “Fundamentos de Radiofrecuencia Cuántica Diferencial”Tomo I.pdf)

To say some experiments that bring us scientific evidence:

1 - ***"Relationship between DNA and things"***.

Vladimir Poponin performed an experiment in early's 90, in which he put DNA in a vacuum tube. He could observe how the photon-energy-particles were distributed ordered in line.

Later, when the DNA was removed from the glass tube, the photons were lined up there, in the same way they did when the DNA was there.

2 - ***"The human DNA is communicated via a field that is not currently recognized"***. Dr. Clive Baxter performed a military experiment. DNA from a donor was placed in a device in a room. The donor was moved to another room, several feet away. The behavioral effects of both, the DNA and the donor, were measured all the time. The behavior of both, the donor and the DNA, located in different rooms, were expressing the same reactions for the stimulated emotions caused to the donor. As confirmed human beings we communicate with our DNA by our emotions through a nonlocal energy, even at different locations.

3 - ***'Human emotions have the power to change the way the DNA of our bodies'***. In an experiment conducted by Lionel Poppe, was shown to manifest love and compassion, the DNA was relaxed and extended, while expressing hatred, anger and jealousy DNA contracted and compacted. We conclude that the DNA of our bodies have the power to influence energy, and consequently produces an effect in the world.

Human beings have the power to change our DNA, and it is only through the power of choice, the power we have in our free will.

As a matter of fact, DNA has the power to influence the world. Therefore, if we have the power to change our DNA by our choices and our DNA can influence the world around us, we have the power to influence the world. And are our emotions, thoughts, beliefs, prayers that transcend the boundaries of time and space as we know it today to produce effects in the world.

We are ALL ONE

When you allow yourself to feel love, in the process of awakening, personal energy with universal energy is unified. It connects the inner world with the outer world then: ALL IS ONE.

All forms dissolve and change, is the phenomenon of Impermanence by Heraclitus-statement-is the awareness connected to our heart, to what it is. To develop this heart awareness we accept everything unconditionally as it is and then we can live a full life.

Joung Carl said, "He who looks outside, dreams, who looks inside, awakes." Stop

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searching out what exists within: LOVE, GOD and POWER. I extend my attention inward, sacrifice my mind, and opened my heart to be conscious of God and myself. God, love and power dwells in me ... like me. Radiating my being at the heart. Self-knowledge is the only straight and immediate way. And it's fascinating. The most I know myself, the more I love me, and as a consequence I know more others and I love others more. And is only working on me that creat the magnificent internal and external system of positive feedback.

Is “thinking” that creates duality. We try to understand the world in a quali - quantitative way. And this only led me think more. And it's the thought that leads the experience of limitation. It is still awareness that make us understand the illusion.

Everything is connected to the only source that is constantly vibrating. Full of everything. Invisible energy: Akasha, the space itself. The Red Indra.

Tantra as maximum expression of love and power supply

The most creative energy in the universe is LOVE. And the most powerful is the sexual love energy that is the one that creates life. It is this desire of power which has inspired many great achievements along human history.

Why had been in human history the desire to suppress this powerful energy. Why cultures and religions had spread that sex is bad, dirty or forbidden? Sex in its purest form is the highest expression type of love: Gives Life. However, sex had been separated from love and it has been treated as merely physical impulse. What makes us believe that we are completely physical beings. And when we recognize the physical body as an energy system that can experience all the emotions, then we honor sexuality as the highest expression of the union of the physics and spiritual aspects of our being. Tantra is the highest expression of Love. And not only aims to achieve maximum pleasure during sex but also, when the purpose of the couple is not to have a child, teaches how to redirect the sexual power energy to be used towards the dreams and plans. And, without losing the benefit of expressing love with the greatest joy and pleasure. Think about it, culminates with the union of the two souls with the energy of the Cosmos.

How to evolve

The physical dimension in which you focus is only one aspect of your divine being. However, it is the physical body that sets your divine consciousness in this reality. The density and levels of unconsciousness can overwhelm, but you can continue "stretching" the awareness and make it move beyond the acquired limitations.

And it is without reference to the past that is achieved, so the importance of cleansing the Cellular Memory. Disconnect intentionally associative memory. Disconnect all the elements that come with the logic of the past. How? Behaving as an observer of myself. Just observe without judging. Without prejudice. I accept everything what happens, see and feel. It is what it is. Nothing is right, nothing is wrong, everything is the way it is. I do not struggle with that.

There are hundreds of techniques of all types for reaching these internal connection . Most of them have in common the objective of cleansing the chakras to allow energy flow. Others show how to charge energy from the universe, air, sun. One technique that is fast, easy and deep, to reach good results in a short time, is “The Methodology” that applies the Doubling Time Theory (JeanPierre Garnier Malet), by Alejandra Casado. There are many kinds of meditations and insight procedures. Vipassana is a very good way of meditation, requires a big effort and it takes time, but has excellent results.

Imagine a society that instead of being contaminated by selfishness, envy, anger is aware

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of his divine powers, with intact capacity to love and the will to develop not only the gifts but also the love. Where instead of having one Jesus Christ, a Buddha, a Mahatma Gandhi, ... all are "enlightened masters" by knowing ourselves, being in touch with our divine essence permanently in a state of manifestation. Where everybody live in a "state of grace" or "enlightenment" continuous and permanently.

And for who is aware of this knowledge is not only a moral duty to practice this knowledge but also to exercise the responsibility to transmit the fundamentals. We have to be tools to reach the critical mass that produces the change in a turning point in the history of humanity. Always from the role we play in this gigantic chess game. Where all are fundamentals pieces of the huge hologramatic, multidimensional universe. Of course, it does not depend solely on us. This is a giant puzzle. Task is addicted to many "illnesses" such as selfishness, greed, attachment, materialism. All illusions of humans to stay asleep during the life of many generations.

Well, this is it, now we can be the change.

With a complex systemic attitude, each one from his place, where innate condition "divine", natural powers have called to develop now, although it would be logical to call them human, because they are inherent to the human race .

That is exactly what should be taught. And give birth to generations of enlightened happy human beings. Divine beings with developed properties to preform miracles as natural events on daily life.

It is especially important to teach children not to lose their inner connection. Just, LET US BE.

EMOTO'S WATER PEACE PROJECT MASARU EMOTO

-Dr. Masaru Emoto who is going to present toß us his vision of global peace through water and his mission with the Emoto Peace Project.

Masaru Emoto is an international renowned researcher who has gained world acclaim by showing how water is deeply connected to our individual and collective consciousness. Born in Japan, he is graduate of the Yokahama Municipal University's Department of Humanities and Sciences with a focus on International Relations. In 1992, Masaru Emoto received certification from the Open International University as a Doctor of Alternative Medicine. He is the author of several bestselling books, including "The Hidden Messages in Water", "The True Power of Water", and "The Secret Life of Water", all of them translated into 25 languages. Listed number 18 in the worlds more spiritually influential people living. Through his non profit organization, The Emoto Peace Project, Dr. Emoto's mission is to teach all people, specially children , the true power of our words, thoughts and emotions and prayer through water for personal and world peace.

In sanskrit, Nada means sound, river flow, while Brahma means origin and essence. Emoto, in japanese means river, and Moto means origin. Essentially, Emoto is Nada Brahma, which means "the origin of the river"and the essence is is sound/vibration. The "Emoto Peace Project" communicates our hope that each child who has learnt the importance of water and the true nature of Being will be a drop that will collectively become a large flowing river for peace.

The Emoto Peace Project's mission is to teach all people, specially children, the true power of words, thoughts, emotions, and prayers through water for peace within and around the world. The message from water we would like to share, the one we learn through the research on water in an enjoyable way. One of the actions is to distribute the "The message from Water" book to the children around the world for free and hope that they find the importance of water and the tuenature of us , human beings.

The targett audience is children, because we supple it is rather difficult to change the minds of adults whose opinion is already fixed. The future is up to the open-minded children. What we adults can donor is to give them a chance to learn about the water and true nature of human beings. We hope the book will be translated into many languages and be help to realize the goal. We would like everybody to help this

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project move forward.

We are primarily made of water, and with water with the capacity of being imprinted with intention and vibration. We each have a deep responsibility in shaping our inner and outer world with every word we say and every action we make.

The idea is to touch the hearts and open the minds of our local and global communities like a wave in motion to create change for a more promising and peaceful tomorrow.

Human beings are 95% water when they are born, and 70% when they are adult. On Earth happens the same. The 70% of the surface is covered by water. There is water mostly everywhere. Water comes in different forms, rain water, river water, water floating about in the sky as clouds or fog. All water is precious to us. Water shows different crystal forms depending on the place or conditions in which it is found.

Playing music to water can change its crystal. And good music can positively affect water. Also do the words, images. But the most important truth is that showing our emotions to water influences on the stage of it. Feelings of love, gratitude, produce beautiful crystals. On the contrary, bad feelings of anger, hate, produce ugly crystals.

Science is Spirituality

In ancient times, Science and Spirituality were not separated. They were parts of the same thing. But the external knowledge research was balanced with the internal impermanence feeling, comprehension and intuitive knowledge. Later the growing of the deep specialization in different disciplines was traduced on that more people loose the capacity of watching the big picture and to feel and have the intuition of the system in the whole. As the information went multiplying and scientific thought became more predominant produced a fragmentation among science and spirituality.

Now that we have empiric proves and we recoverd the knowledge, and the way to develop the intuition we can say that "Science is Spirituality".

Dr. Emilio Carrillo says that "Science and Spirituality are the lyrics of the same song".

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