

YIN/YANG CANCER TREATMENT SYSTEM A FUNDAMENTAL SHIFT IN CANCER MANAGEMENT

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ABSTRACT

Better cancer screening and advances in various treatments have increased the survival rate of the majority of cancer patients to over five years. The purpose of this case study is to demonstrate that with a restructured and balanced Yin/Yang management system, the survival rate of a male patient with bone metastatic prostate cancer can potentially exceed 15 years. The fundamental shift in cancer management begins from ground zero at the initial diagnosis to create a balanced integration of western and eastern healing modalities

This 15-year case study uses Nobel laureate Dr. Daniel Kahneman's "System 1 and System 2" decision making process. (*Thinking, Fast and Slow*, Doubleday, Canada, 2011). These 2 systems of thinking can be useful in adjusting physician's orders to "best fit" patients' needs. The goal is to select the most effective cancer management for the patient in an optimal supportive environment. The focus becomes the patient as a client participant. The method for treating cancer successfully requires proactive rules of behavior at home, at clinics and in hospitals. The functional framework for treating cancer successfully requires adopting roles of behavior for the patient as a proactive client, the physician as an effective communicator and administrator of treatments, and for the family, friends and other patients as a socio-emotive support group.

The effectiveness of a Yin/Yang system recommends the participation of all practitioners in client advocacy workshop run by holistically trained persons such as a cancer nurse, or a case management technician. A complex array of Yin and Yang treatments can include CBD (Cannabidiol), DCT (Dendritic Cell Therapy), hormones, hyperthermia, meditation, IV infusions, nutrition, surgery, proton radiation, photon radiation (X-Ray), green tea (Gyokuro, Matcha, Sencha), Ginger, Turmeric, CQ10, and many other ingredients that are considered in a balanced use of Allopathic and Complementary treatments. All treatment data must be stored and organized as a computer application that is "designed" for the patient/client. The Yin/Yang system can also assure that the patient's financial considerations do not add additional stress while receiving treatments both locally and internationally. Advocacy must be balanced using a harmonious and symbiotic mix of western and eastern medicine, using traditional and complementary treatment integration.

A psychological perspective enhanced the application of the Yin/Yang system for treating cancer and was based on a 15-year case study. The criterion validity of this case study was established by examining the relationship between various traditional-complementary treatment modalities and their outcome as measured by blood tests, PSA levels, Testosterone levels, immunoglobulin changes and other bio-markers such as repeated MRI images and limited use of CT scanning and X-rays. Reliability has been established by repeated measurements. The results of this case study show that the patient as a participating client has improved self-confidence, assertiveness and

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spirituality that resulted in an improved cancer prognosis. The Yin/Yang treatment model worked to effectively arrest cancer growth. The allopathic physicians accepted the changes in the treatment protocol initiated by the proactive advocacy of the patient.

Keywords: Yin/Yang system, cancer advocacy, Testosterone, MRI, immunoglobulin, prognosis, allopathic/holistic integration.

INTRODUCTION: CASE STUDY: PATIENT E

This case study will trace the evolution of a metastatic prostate cancer and the rise of a new treatment concept- the Yin/Yang cancer intervention system. Yin and Yang are 2 holistic Universal energies that can be chosen to guide healing. Patient E first suspected prostate cancer in 1993 with a Prostate Specific Antigen (PSA) level of 12. (Normal is between 0-4 nanograms) Patient E. 's PSA elevations began accelerating between 1994 and 2002 during a “watch and wait” period. Advanced prostate cancer was confirmed with a physical exam and a PSA reading of 44 in 2002. The tumor was graded T3a according to the Partin Table (predicting of final pathological stage, 3% survival rate) with a Gleason score of 8, both measurements associated with a poor prognosis.

Patient E independently chose supportive acupuncture and proton radiation (over photon radiation) as the new Yin/Yang cancer intervention guidelines. The oncologists accepted the choices. In 2002, the tumor was treated with proton radiation for 9 weeks at the Loma Linda University Medical Center in California, supervised by Jerry D. Slater, MD, chief of Radiation. The patient practiced Tai Chi and Chi Gong, the art of breathing and movement techniques from China and diminished the side effects of the radiation. Extensive acupuncture treatments reduced pain and inflammation and were supervised by David Chen, OMD, (Oriental Medical Doctor) and a member of the California Medical Quality Assurance Board and head of the Acupuncture Examining Committee in Sacramento, California.

An MRI test detected metastasis to the lumbar regions of the spinal vertebrae 10, 11 and 12 in 2011. Chemotherapy is the standard treatment for wide spread metastatic carcinoma. Canadian oncologists recommended chemotherapy instead of the “dendritic experimental treatments chosen by the patient.” Surgery was performed as the tumors in the lumbar region were compressing the spinal cord potentially damaging the peripheral nervous system and affecting the use of the lower extremities. By 2015 successive MRI's and blood tests revealed that the cancer had retreated significantly as a result of the application of the integrated east west Yin/Yang treatment protocols.

THE MEDICAL CENTER OF COLOGNE (MCC)

The Medical Center of Cologne treats a wide variety of cancers often in terminal stages III and IV. Robert Gorter, MD, is a world-renowned AIDS expert and immunologist. He founded the medical center in Cologne, Germany, 20 years ago. The decision to fly to Germany, on October 17, 2011, rent an apartment and apply for the innovative cancer treatment protocol called the “Gorter Model” was based on patient E's research. Dr. Robert Gorter and his holistic cancer team treated the aggressive prostate cancer that had metastasized to the bones of the lumbar region of the spine with a blend of Yin and Yang applications such as dendritic cell and mistletoe injections, acupuncture, I.V. infusions (vitamins, minerals supplements) and local and full body hyperthermia.

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After proton radiation in California in 2002 and dendritic cell treatment in Germany in 2011, most tumor cells had reached apoptosis (cell death) in the prostate gland and throughout the body. The metastasized tumors in spinal lumbar vertebrae 10, 11, and 12 resisted the Yin/Yang treatment and were surgically removed as recommended by Canadian oncologists. Post surgery recovery consisted of physiotherapy, back massage, swimming and daily walks. IV infusion therapy, Alpha Lipoic infusion and acupuncture commenced post surgery with Dr. Juan Rohan, ND, (naturopathic doctor) who was trained in Ecuador, South America. In 2013, Heidi Martins, MD, (the fourth oncologist to treat patient E.) prescribed Abiraterone (enzyme Cyp 17 cancer inhibitor) with excellent results. Subsequent PSA and MRI reading showed a significant reduction in tumor antigens and size. Joanna Vergidis, MD, is currently patient's E's supportive oncologist in Victoria, Canada.

RESULTS

Remission of patient E's prostate and metastatic bone cancer was demonstrated by successive MRI reports and blood tests as requested by the patient. PSA reduction from 60 ug/L to 0.01 ug/L was achieved as shown by successive blood tests. Testosterone was reduced to >0.1 nmol/L and maintained at that level with 1000 mg Abiraterone per day (without food) gradually changed to 100 mg per day (with food). It took 10 years to achieve remission. Follow up tests demonstrate no reoccurrence of cancer 21 years after symptoms first occurred.

DISCUSSION

The Yin/yang system appeared more than 3000 years ago in the Chinese I-Ching Book of Change. A return to health is a reversal of disorder and disharmony in mind, body and soul. Yin/Yang is a system in balance, required for reversing any disease. Disease is a regressive change to chaos in contrast to the natural balance, order and harmony of the spirit, mind and body. Yin/Yang medicine is a natural system of restoration to health that involves creating harmony and balance between western, eastern (mainly Chinese) healing methods. A return to balance, harmony and order in the body (mind and soul also) is one of the keys to reversing cancer. A person can become healthy again with a change in life style. Living with internal Yin and external Yang harmonizes the body's environment and the whole becomes once again complete.

SYSTEM 1 AND SYSTEM 2: A BEHAVIORAL APPROACH

Daniel Kahneman, a behavioral psychologist, won a Nobel Prize in 2002 for discovering two systems of thinking. His book *"Thinking, Fast and Slow"* researched how we make decisions. Thinking fast (System 1) leads to decisions based on "intuition" (that often don't work). Intuitively we assume that the role cancer plays in our lives as a whole, is greater than it is. A cancer diagnosis can overwhelm the patient and causes stress and imbalance, a detriment to healing. Slow thinking (System 2) makes decisions based on logic and information.

System 1 is equivalent to Yin energy and is spiritual, intuitive, supportive and sensitive to signals of disease. Decisions are effortless and tend to be simplistic. Yin energy is more emotional and can be irrational. System 1 decisions are "hopelessly bad at the kind of probability thinking often required for good decisions, it jumps wildly to conclusions and it's subject to a fantastic suite of irrational biases and interference effects." (The halo effect, the "Florida effect", framing effects, anchoring effects, the confirmation bias, outcome bias, hindsight bias, availability bias

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and the focusing illusion). These are some of the bias and effects on behavior that can result in influencing a physician's decisions about cancer treatments.

System 2 is Yang energy that is equivalent to slow, deliberate, attentive and effortful thinking. The patient needs to be their own advocate in order to make their decisions based on research and system 2 thinking. System 2 can be a reluctant force to take over the decision making process when one develops cancer and can refer all choices to the oncologist thus creating imbalance with Yin energy. It's "the conscious being you call 'I'", and one of Kahneman's main points. He believes it is a mistake to rely on only one kind of decision-making system. You're wrong to identify with System 2 exclusively (Yang), as you equally and profoundly need System 1 (Yin) decisions for a balanced and integrated approach to healing.

WHAT IS CANCER?

According to Yin/Yang philosophy, cancer is defined as "an assembly of biological cells in the body that have lost their natural structure, hormonal balance and Chi harmony." A metastatic tumor is a cell assembly of chaotic mitoses, the spreading of disorganized and imbalanced cells, an aberration that "wants" to change back to normal or be eradicated. A cancer tumor is no longer an orderly, balanced part of a completely functioning system. A malignant tumor is unnatural and not a part of a normal organ. The Yin/Yang system is well equipped to heal and restore the human body back to its natural cell organization and energy balance. Studies have shown that cell consciousness always attempts to return to its natural vibratory Chi or energy state.

DOES THE SYSTEM NEED PATIENT ADVOCACY?

All practitioners can improve critical decision making skills and gain extra empathy by attending patient/client advocacy workshops run by Yin-Yang oriented professionals. The application of Yin-Yang advocacy (YYA) or Cancer Nursing Advocacy (CNA) or Oncology Assistance Advocacy does not exist yet as a system of regulating cancer treatments. The job description of the advocacy person would be to review with the patient all the decisions made by the practitioners and the family and recommend any changes. These changes to the protocol could potentially increase the probability of remission at a reduced risk to the patient. The advocacy technician trained at the college level would apply Yin-Yang rules to treatments and integrate the symbiotic mix of western and eastern medicine, allopathic-holistic interaction and traditional-complementary treatment modalities. That person can then recommend changes and ensure that nothing is overlooked in the myriad of extended treatments. All treatment data can be digitized, organized and defined for the patient-client, taking into consideration their age, culture, sex, emotional state, education, knowledge and expectations. Treatments such as CBD (Cannabidiol), DCT (Dendritic Cell Therapy), hormones, hyperthermia, meditation, IV infusions, nutrition (e.g., lemon juice can kill cancer cells), surgery, proton radiation, photon radiation (X-Ray), power nap (reduce stress, increase health), green tea (Gyokuro, Matcha, Sencha), Ginger, Turmeric, CQ10, and many other ingredients would possibly be considered in a balanced use of allopathic and complementary treatments.

In winning against cancer the integrated whole is always more important than the sum of its parts, you would make the best recommendations for each patient so that healing progress can occur. The system of Yin/Yang advocacy must also assure that the patient-client financial restrictions and living conditions do not cause additional stress while receiving treatments both locally and internationally. The effectiveness of a Yin/Yang system as applied to cancer

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management depends on the shared orientation, knowledge and positive attitudes of both physicians and patients.

INTEGRATING EASTERN AND WESTERN MEDICAL HEALING SYSTEMS

This case study attempts to integrate the two systems of medicine by selecting, balancing and modifying specific western and eastern treatments for the best results against a systemic disease like cancer. There are two medical systems for treating disease, a western allopathic system that focuses on using drugs, surgery, hormones and radiation (direct interventions that can have detrimental side effects) and an eastern holistic medical system that uses natural, substances and Yin/Yang direct and indirect interventions.

CELLS OF THE MIND, BODY AND SOUL

Yin/Yang philosophy functions as if the entire Universe from galaxies to planets to every human being is organized into a balanced system of interactive cells. A human being at his core is a conscious soul (called a spirit when it's awareness is out of the body), a system of monadic cells integrated with the mind and body. A soul is made up of trillions of units of cells of consciousness called Monads. (Hypothesized by Wilhelm Godfried Leibniz in 1678 the mathematician who invented calculus). The cancer client starts his Yin/Yang journey back to balance and harmony by coming alive with spiritual enhancement. A soul that is not nurtured with love energy loses balance and organization and becomes depleted of Chi, the life force of the individual. Guided imagery meditation may be the first step to revitalize the soul (Chi, life force). Pranic breathing can be another step to energize the life force with deep breathing and visualization (Yoga, Qigong, Tai Chi, etc.).

The human mind is made of biological cells that form "cell assemblies" and "phase sequences," (discovered by Dr. Donald Hebb, 1970, Psycho-neurologist at McGill University, Canada). When these cell assemblies become depleted of enough nerve impulses and become disorganized, the person develops a mental illness or a personality disorder. A disorganized mind and soul may have an effect on the formation of disorganized body cells. In medical psychology a spirit depleted person is prone to developing cancer (Type C personality). They tend to be implosive, subdued, depressed, "eyes without light," a face that doesn't shine, with energy depleted behavior and are socially non-participatory.

Cancer is the name given by western medicine to describe and explains why normal organized body cells become "disorganized." In the western system cancer is a "systemic" disease, a core syndrome. Cells can become deformed from the combined effects of the following stimuli; Hormonal imbalance, Photonic radiation, Prolonged Electro Magnetic Fields (EMF), Genetic mutation, Viruses, Chemicals, Stress, Implosive personality, Poor nutrition, Obesity, Inheritance, Physical abuse, pollution, and many environmental factors

may also have an effect. A living body is made of 20 to 30 trillion organic physical cells including close to a trillion brain cells of all kinds (excluding an astronomical number of pineal monads in the cortex and frontal lobe). Most cells are well organized into functioning organs, structures, biological systems and Yin/Yang life force (Chi). Treating biological cancer without balancing the mind and energizing the soul may lead to a poor prognosis or a recurrent cancer.

CHINESE MEDICINE AND SYSTEMIC ILLNESS

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Chinese medicine began 5,000 years ago - It believes that disease can result from strong winds that cool or warm the body- stressing the immune system. For instance the very hot and dry Santa Ana winds in California are often associated with headaches, irritability and other mental and physical disturbances. Chinese medicine believes that cold winds create illness, especially if the body is exposed to the elements without a coat or warm clothes, in particular if the head is not covered, the hair is wet, or the body is switching from hot to cold environments without adequate time for the immune system to adjust.

In Chinese medicine the five elements of nature; fire, water, wood, air and metal all relate together to create disharmony or harmony and depleted or energized states of energy. There are 7 emotions; anger, fear, fright, grief and joy that when extreme, cause illness. Each emotion corresponds to an organ in the body and can be balanced by adjusting one or more of the five elements. Acupuncture is used to create and unlock energy and create systemic balance that results in a return to health.

Specific exercises can also increase the energy force or “Chi”. Yijinjing Qigong is the oldest form of Chinese exercise to increase health and longevity that predates Tai Chi. It was once used exclusively for the Royal families of China. One of its purposes is to stop ageing by a system of stretching ligaments and tendons. Included in the various exercises is deep breathing. Chinese medicine is one of the first ancient cultures to develop a system of deep breathing and of holding and controlling the breath to increase Chi. Modern diagnostic tools such as the Cat Scan and MRI machines show that brain function increases following sessions of deep breathing- in particular where the breath is being held for longer periods of time in a rhythmic pattern.

An example of Yijinjing Qigong is to twist the torso and aim for the knee on the opposite side of the body bringing the arm behind the back and repeat -alternating sides while breathing deeply. The exercise is done at a slow pace- according to the flexibility of the participant. Another exercises is to slowly roll the shoulders and arms forward- palms together and breath in and out deeply 3 times. Then bring the arms to the side and push out the arms to the sides of the body in a horizontal position- then place the arms up and behind the head close to the ears while going up on your toes. A third example is to go up on the toes with the arms crossing and touching the belly button while breathing deeply in and out.

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THE IMMUNE SYSTEM AGAINST CANCER

The human body has two interactive immune systems; Humoral and Cellular. The Humoral (fluids) system fights “invaders” by producing molecular antibodies that attach to the antigens of invading bacteria and viruses and attack and destroy them. A prolonged activation or immune defense by the humoral system may cause chronic inflammation. This inflammation triggers the cellular system to look for cancer cells to destroy that are in small numbers throughout the body. The cellular immune system fights “home cells to destroy that are in small numbers throughout the body. The cellular immune system fights “home grown” deformed pathogenic cells by producing T-lymphocytes to attach to the antigens of tumor cells, phagocytes, cytokines, and natural killer (NK) cells.

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THE YIN/YANG TREATMENT SYSTEM AGAINST CANCER

The key to the success of a multifaceted treatment of cancer for patient/advocate case E (Stage IV) was the integration of western and eastern medical systems. Patient E used the Yin/Yang concepts of treating disease that includes the client/patient as the prime decision maker with the flexibility to adapt treatment protocols and expertise locations around the world. The interdisciplinary collaboration bringing together MD, PhD, OMD, RN, and ND practitioners was successfully integrated from different cultures from around the world. The integrated multifaceted approach was the key to the successful outcome of the cancer therapy. The synthesis of experiences became the potential cancer cure. When cancer remission occurred it was more than the sum of the various treatments listed in this study. It became an integrated, spiritual, mental and physical change that enhanced the patient/client's quality of life.

The purpose of this study was to develop a Yin/Yang integrative model of patient-centered care to improve the decision making process. This study involved accumulating personal data and knowledge by the patient/advocate to be able to adjust the physicians' treatment recommendations and fit them into the patient's psychological, spiritual and physical state. The allopathic physicians made treatment decisions about hormones, prescription drugs, radiation therapy, chemotherapy and surgery. The holistic physicians made recommendations involving Chelation, Mistletoe injections, alkaline water, Newcastle virus, acupuncture, dendritic cell therapy, immune system supplements, IV therapy, hyperthermia induction and life-style changes. The patient/advocate adjusted some of the decisions by the practitioners to fit the criteria of a psychologist's treatment model that integrates behaviorism with decision modules (Systems 1 and 2).

The results of the study show that the client's self-confidence, assertiveness and knowledge were crucial to the successful implementation of a Yin/Yang treatment model. Some of the allopathic physicians did not approve of the changes in treatments made by the patient but accepted the decisions with grace and respect. Recent MRI results show that the cancer tumors that had metastasized to the whole body and spine have regressed significantly. Final remission was demonstrated by successive MRI reports and comprehensive blood tests.

YIN/YANG CANCER TABLES

PATIENT E DIAGNOSIS

September 2002

Patient: Dr. Elior Kinary, psychologist, age 66

Diagnosis: Prostate cancer with metastasis to Thoracic vertebrae 10-12.

Partin tables: T3a

Gleason score 8

PSA 44.20 ug/L

YIN/YANG TREATMENTS

Yang: Allopathic treatments, tests

Zolodex 10.8 mg injection every 3 months.

Proton-Photon Radiation, 9 weeks.

Flutamide 250 mg x3 daily.

Casodex 50 mg daily.

Spinal surgery.

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Immunotherapy: Dendritic, hyperthermia, mistletoe, IV (may change from Yang to Yin)
 Cat scans. (CT)
 Medical Resonance Imagery (MRI).
 Blood tests

Yin: Complementary, holistic, alternative, natural, supportive, balanced
 Liquid supplements (IV) (mixed Yin/Yang).
 Chelation therapy. (Reduce Mercury, balance metals)
 Acupuncture (reduce pain, inflammation, increase Chi flow)
 Selected Supplements (e.g., Alpha Lipoic Acid, CQ 10)
 Alkaline water, Ionized, pH 7.5, 8.5, smaller molecular size
 Immunotherapy: Dendritic, hyperthermia, mistletoe, IV (may change from Yin to Yang)
 Fever induced, local and whole body
 Mistle-Toe injections
 Nutrition, diet, organic, Ginger, Turmeric, lemon
 Exercise, calisthenics
 Massage, specialized
 Guided imagery, visualization, distribution of Chi, Chi gong
 Breathing exercises (see MCC demonstration)
 Japanese medication for energy, focus and relaxation
 Indian meditation for healing, deep consciousness and spirituality.
 Western meditation for focus, cognitive shift

CHRONOLOGY OF YIN/YANG TREATMENTS

9-2002 1st year of cancer therapy

Date	PSA	PSA change	% change
9-02	PSA 44.20 (1st peak)		
10-02	Zolodex injection, 10.8 mg, 1st round, 1st shot. Chelation therapy, teeth amalgams out, reduce mercury, metal balance Acupuncture, reduce pain, and increase Chi life force Supplements, Vitamins, nutrition, alkaline water, pH 7.5. exploratory behavior.		
10-02	PSA 27.30	-16.90	-38.2%
11-02	2.50	- 24.80	-90.8%
12-02	0.69	-1.81	-72.4%
	3 months PSA reduction >90% indicate favorable prognosis. PSA reduction of 98.4%. Zolodex injection 10.8 mg, 1st round, 2nd shot.		
1-03	PSA 0.30	-0.39	-56.5%
2-03	0.22	-0.08	-26.7%
3-03	0.20	-0.02	-9.1%
	6 months PSA reduction >90% indicate favorable prognosis. PSA reduction 99.5%. Zolodex injection 10.8 mg, 1st round, 3rd shot.		
4-03	0.15	-0.05	-25.0%
5-03	0.12	-0.03	-20.0%
6-03*	0.12	0.00	0.0%
	Zolodex injection 10.8 mg, 1st round, 4th shot.		

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7-03	0.10	-0.02	-16.67%
8-03*	0.10	0.00	0.00
	Supplements, Vitamins, nutrition, alkaline water, pH 9.5. exploratory behavior. Begin patient selected proton radiation & hormone therapy.		
9-03*	0.10	0.00	0.00
	Zolodex injection 10.8 mg, 1st round, 5th shot.		
10-03*	0.10	0.00	0.00
11-03	0.11	+0.01	+10.00%
	10% PSA increase post radiation indicate favorable prognosis.		
12-03	0.06	-0.05	-45.00%
	One year PSA reduction from 44.20 to 0.06 indicates favorable prognosis for the year.		
1-04	2nd year of cancer therapy. Zolodex injection 10.8 mg, 1st round, 6th shot. Chelation, (electro) acupuncture, supplements.		
2-04*	PSA 0.06	0.00%	0.00%
	Zolodex injection 10.8 mg, 1st round, 7th shot.		
4-04	0.05	-0.01	-16.67%
6-04	0.03	-0.02	-40
	Last Zolodex injection 10.8 mg, 1st round, 8th shot. End of Hormone Yang series		
8-04	0.03	0.00	0.00
10-04	0.03	0.00	0.00
	Discontinue Yang hormone therapy. Increase Yin treatments, acupuncture, Tai Chi, Chi-gong,		
12-04	0.03	0.00	0.00
	Discontinue chelation therapy. Weight gain; begin exercise, nutrition, and Chi meditation. Two years PSA reduction from 44.20 to 0.03 indicates favorable prognosis for the 2 treatment years.		
1-05	3rd year (1st year follow-up)		
3-05	PSA 0.06	+0.03	+100%
	Testosterone level down (5.0).		
6-05	0.06	0.00	0.00
	Decline X-Rays; decline CAT scan, paid for MRI test		
9-05	0.15	+0.09	+150%
	Change in testosterone level (0.5). Frequent night urinations, sleeplessness, and hypertension.		
10-05	PSA 0.22	+0.07	+46.7%
	Discontinue alkaline water pH 7.5.		
12-05	Meditation for stress, green tea, breathing. PSA increase from 0.06 to 0.22 indicates expected increase for the first follow up year.		
1-06	4th year (2nd year follow-up)		
2-06	PSA 0.42	+0.20	+91%
	Restart chelation, intense acupuncture, selected Yin treatments, PMS Metoprolol 50 mg for hypertension, triple Chi meditation, walking a mile a day.		

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4-06	1.10	+0.68	+162%
7-06	2.90	+1.80	+163%
Restart alkaline water pH 9.5 (stomach acidity)			
12-06	1.7	-1.20	-41.3%

PSA increase indicates fro 0.42 to 1.7 indicates expected change for the 2nd year follow up.

1-07 5th year (3rd year follow-up)

1-07	PSA 1.7	-1.20	-41.3%
4-07	4.6	+2.90	+170.5%
5-07	6	+1.40	+30.4%
6-07	9.86 (2.23 is free PSA).	+3.86	+64.3%
7-07	10	+0.14	+1.4%
8-07	9.6	-0.40	-4.0%
9-07	13	+3.40	+35.4%
10-07	11	-2.00	-18.1%
11-07	16.66 (metastatic)	+5.66	+51.4%
12-07	PSA 16	-0.66	-3.9%

PSA increase from 1.7 to 16 is very unfavorable metastatic increase in cancer for the 3rd year of follow up.

1-08 6th year (4rd year follow-up)

1-08	PSA 18	+2.0	+12.5%
2-08	32 (2nd peak)	+14.00	+77.7%
Doctor resumption of Zolodex injections 10.8 mg, 2nd round, 1st shot			
3-08	13	-19.00	-59.3%
Discontinue acupuncture, chelation. Increase other Yin treatments.			
5-08	8.5	-4.50	-34.6%
Zolodex injection 10.8 mg, 2nd round, 2nd shot.			
6-08	5.3	-3.20	-37.6%
7-08	6.1	+0.80	+15.1%
8-08	4.7	-1.40	-22.9%
Last Zolodex injection 10.8 mg, 2nd round, 3rd shot.			
9-08	4.3	-0.40	-8.5%
10-08	3.6	-0.70	-16.2%
11-08	3.1	-0.50	-13.7%

Patient request MRI's, declines all X-Rays, cat scans
 12-08 PSA decrease from 16 to 3.1 is favorable for the 4th year of follow up. Overall, Yang hormone therapy is losing its effectiveness. Stress level of patient E is up. Meditation and acupuncture increase.

1-09 7th year (5th year follow-up)

1-09	PSA 2.8	-0.30	-9.6%
2-09	1.9	-0.90	-35.5%
3-09	1.6	-0.30	-15.7%
4-09	1.4	-0.20	-12.5%

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5-09	1.1	-0.03	-21.4%
6-09	0.98	-0.12	-10.9%
7-09	1.01	+0.03	+3.0%
8-09	1.04	+0.03	+2.9%
	End of one year free of Zolodex shots. Continue Casodex 50 mg.		
9-09	1.00	-0.04	-3.8%
11-09	0.94	-0.06	-6.0%
12-09	PSA 0.94 (decrease)		
	PSA decrease from 2.8 to 0.94, favorable metastatic decrease in cancer for the 5rd year of follow		
1-10	8th year (6th year follow-up)		
1-10	PSA 1.3	+0.36	38.2%
3-10	1.6	+0.30	+23%
5-10	2.2	+0.60	+37.5%
7-10	3.3	+1.10	+50.0%
9-10	8.1	+4.80	+145%
	PSA increase of 4.8 indicate unfavorable prognosis.		
	End of 2nd year free of Zolodex injections. Continue Casodex 50 mg.		
12-10	PSA 13 (serious increase)+4.90	+4.90	+37.0%
	PSA increase of 4.9 indicate metastatic prognosis.		
	Resume acupuncture. Continue 5 mg Casodex.		
	Resume alkaline water pH 9.5.		
	Begin Aspirin (80 mg 2 times daily, with food).		
	Begin Advanced Ambrotose (1g twice a day.), Omega 3 and Zyflamend.		
	Anxiety level up. Begin intensive research and treatments		
1-11	9th year (7th follow-up) (crisis)		
2-11	18	+5.00	+38.4%
	PSA increase of 5 indicate aggressive metastasis		
	Resume Zolodex 10.8 mg injection, 3rd round, 1st shot		
4-11	30	+12.00	+66.6%
	PSA increase of 5 indicates aggressive metastasis. Intensify yin treatments		
	Consultation appointment. Oncologist stops Casodex		
	Zolodex 10.8 mg injection, 3rd round, 2nd shot. Patient stops Zolodex.		
	PSA 42 peak (stop all allopathic treatments). Double Yin treatments. Reserch.		
6-11	PSA 42	+12.00	+40.0%
	PSA jumps +12, to 42. Oncologist recommended to stop Zolodex and start chemotherapy. Patient decline appointment, resumed Casodex on his own, searching hard for a solution.		
7-11	PSA 43	+1	+2.4%
	Patient change life-style: Strong Yin: spirituality, meditation, organic diet, weight control, stop Casodex, decline X-rays, decline CT scans, starts PhytoMatrix (x4), PhytAloe 1g, Advance Ambotose 2g () per day, Ozone therapy, alpha lipoic, Vitamin C 40 mg IV. Desperate for an answer.		

YIN/YANG CANCER TREATMENT SYSTEM

- 8-11 PSA 40 -3 -7.0%
 Patient resume Zolodex 10.8 mg injection, 3rd round, 3rd shot, last shot forever. Buy Kangen water machine from Japan, start 10 glasses of pH 8.5 water daily, strong breathing exercises. Read book Fighting Cancer by Dr. Robert Gorter from cologne medical center (MCC).
- 10-11 PSA 51 +11 +27%
- 11-11 PSA 61 Refused Chemotherapy again. Consultation with new oncologist Dr. Heidi Martins in Victoria. Oncologist very supportive, accepts patient's decisions. Patient decline Zolodex injection 10.8 mg, 3rd round, 4th shot forever. Declines all cancer treatments in Victoria till further notice. Patient flies to Medical Center Cologne (MCC), Germany, a holistic, integrated, balanced, natural cancer treatment center emphasizing immunotherapy.
- 11-17-2011. Patient is stage 4 Terminal cancer. Begin an 18 weeks intense Yin/Yang therapy in Cologne, Germany.
- 11-17-2011 Monday, 9 AM. PSA 57.6. Begin Hyperthermia, dendritic therapy, infusion IV therapy, Mistletoe injections, acupuncture, breathing exercises, psychology and other Yin/yang treatments at Dr. Robert W. Gorter's medical center Cologne, Germany.
- 1-12 10th year (8 year follow-up) (crisis)
 Continue daily treatments at MCC for 3 months until 2-13-2012
- 2-13-12 PSA 21.6 (dramatic reduction). Finish hyperthermia-dendritic therapy, IV infusion and Mistletoe injections at Dr. Gorter's Cologne Medical Center Cologne, Germany.
- 2-20-12 PSA 23. Back in Victoria. Strong Yin applications continue. Dr. Heidi Martins, Oncologist, "No need for chemotherapy."
- 3-12 Tests of CT scan and MRI show 2 prostate cancer tumors in vertebrae T10 to T12 compressing the spinal nerve, causing paralysis and numbness from the waste down. Diagnosis: bone cancer. 4 Thoracic radiation treatments to reduce the spine tumors. Decline X-Rays. PMS-Dexamethasone 4 mg. twice a day for a week. APO-Ranitidine 150 mg twice a day for a week. Mistletoe injection site redness reduced from approx. 5 to 1 centimeter indicating reduced immunity. All blood tests results show normal organ function. High elevation in Immunoglobulin E that fights cancer (2,213, normal 300) and immunoglobulin M that regulates the process (3.34, normal 1.50). PSA 32. Started physiotherapy ones per week. Started Mayer's infusion ones per week, stopped within a month. Intense yin treatments.
- 4-12 PSA 20. START IV infusions, acupuncture, Alpha Lipoic, vitamins and minerals at Fairfield Naturopathy clinic in Victoria under the supervision of Dr. Juan Rohon, ND. Board member of VCRC.
- 5-12 Spinal surgery, brace. Fuse T10-13 to regain sensory-motor function. Tumor tissue sample sent to MCC. Declined to use.
- 6-12 PSA 2.82. Start Prednisone 5 mg twice daily plus Abiraterone 1000 mg without food. PSA reduction of 17.18 in 2 month.
- 7-12 PSA 0.06. PSA reduction of 2.76 in 1 month.
- 8-12 PSA 0.01. PSA reduction of 0.05 in 1 month.
- 10-12 PSA 0.01.
- 11-12 PSA 0.01. Return to MCC, Germany for a 3 weeks, dendritic treatments.
- 12-12 PSA 0.01 8th Dendritic therapy, complete Yin/Yang treatments

YIN/YANG CANCER TREATMENT SYSTEM

1-23-2013 11th year (9th follow-up) (crisis is over)

1-23-13 PSA 0.01, Testosterone 0.1

2-23-13 PSA 0.01 Abiraterone 1000 mg, Prednisone 10 mg

3-23-13 PSA 0.01 add Turmeric powder daily, add ginger powder daily.

4-23-13 PSA 0.01. MRI shows reduction of tumor to a millimeter size in T10 in thoracic vertebrae. All skin sensations are back.

5-23-13 PSA 0.01 Start reducing over time Prednisone from 5 mg to 2.5 mg daily and Abiraterone from 1000 mg to 125 mg with food. MRI, no tumor.

6-23-13 PSA 0.01 add Metoprolol 50 mg for high blood pressure

7-23-13 PSA 0.01

8-23-13 PSA 0.01 Prostate cancer in remission, one year at 0.01.

9-23-13 PSA 0.01

12-23-13 PSA 0.01 3rd booster treatment, 2 weeks, MCC, Germany

1-23-14 12th year (10th follow-up)

2-23-14 PSA 0.1 Prednisone reduced to 2.5 mg daily, Abiraterone at 125 mg daily, with food. Oncologist accepts patient's decision. MRI shows no tumor

4-23-14 PSA 0.01

5-25-14 PSA 0.01. All numbness from the waste down is gone.

6-25-14 PSA 0.01 MRI shows no tumor in the spine, no tumors in the body

7-24-14 PSA 0.01

8-24-14 PSA 0.01 Prostate cancer is in remission, 2 years at 0.01. Blood test normal.

9-6-14 Age 78, Great health, blood pressure normal, reduce Metoprolol to 25 mg nightly, weight at 85 kg. 10-24-14 PSA 0.01

11-24-14 PSA 0.01 Reduce Prednisone from 5 mg to 2.5 mg daily. Gradual reduce Abiraterone from 1000 mg without food to 100 mg with food.

12-14 PSA 0.01. 4th booster treatment, 2 weeks at MCC, 9th dendritic. Add Ginger powder daily. Green tea daily.

1-1-2015 13th year (11th follow-up)

1-15 PSA 0.01, Testosterone 0.1 starts pumpkin seeds daily

2-15 PSA 0.01 Blood test every month

3-15 PSA 0.01 Complete Yin program

4-15 PSA 0.01 Add Chia, flax and pineapple to diet

5-15 PSA 0.01 Walk 3.5 km daily

6-15 PSA 0.01 MRI, no tumor

7-15 PSA 0.01 Blood tests, normal

8-15 Yin/Yang case study program completed successfully. Cancer in remission.

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